



“SAFE DAYS” of Summer

Water Safety

SWIMMING

Pools, Lakes, Ponds, and the Ocean

- Swim only in designated areas and never swim alone.
- Keep children away from the water unless they are being watched and wearing a personal life vest.
- Always tell someone where you are going and when you expect to return.
- Never dive or jump where boulders and other obstacles below the water surface can not be seen.
- Stay away from water during stormy weather.
- Be aware of strong ocean currents, undercurrents, and riptides.

For Pools

- Get training in lifesaving, first aid and CPR and keep life saving equipment, emergency numbers and a first-aid kit close at hand.
- Put toys away when finished swimming.
Playthings may tempt kids to jump in the pool unsupervised.
- Establish pool rules and post them visibly. NO HORSEPLAY.
- Dive ONLY into deep water and with caution. NEVER dive into an aboveground pool. Check water depth before diving.
- Handle chemicals carefully. Keep them far out of reach from children. Follow mixing directions precisely. **Add chemicals when people are not around.**

BOATING

BEFORE YOU GO – REMEMBER TO KNOW:

- The stability and handling of the boat you are using.
- How to use the equipment on the boat.
- Water conditions, tides, currents, sand bars, underwater and other hazards.
- Weather conditions
- Necessary safety devices and emergency equipment. Make sure that life jackets fit properly.
- Navigation rules and observe the courtesies of safe boating.
- Personal limitations and responsibilities. Exposure to sun, wind and how cold water affects your ability to react.
- **It is illegal, and deadly, to operate a vessel while under the influence.**

